

Projekt:

Događaj i ljetna  
škola:

„Internacionalizacija studijskih programa svih razina na  
Medicinskom fakultetu u Splitu“  
financiran u sklopu Operativnog programa „Učinkoviti ljudski potencijali  
2014.-2020.“

Sastanak (ljetna škola Mentalno zdravlje u zajednici)

Na sastanku 28. 1. 2019. god. U Vijećnici Medicinskog fakulteta bili su prisutni prof. dr. sc. Dolores Britvić, prof. dr.sc. Sladana Ivezić, prof. dr. sc. Vesna Švab i preko Skypa dr. Rene Kete. Sastanak je trajao od 16 do 21 sat. Tijekom sastanka dogovoren je pisanje udžbenika i podijeljena su poglavlja kako slijedi:

### 1. Introduction

**Ethics and Human rights in mental health** (Legal capacity assessment, capacity to make decisions), **development of empowerment approach – Rene Kete**

**Recovery and human right WHO- Sladana Ivezić**

### 2. Organization of mental health care system – Rene Kete

Community mental health services, hospital psychiatric treatment, day center, day hospital, Home treatment, NGO, relation with health system, social care, employment, education, other agencies

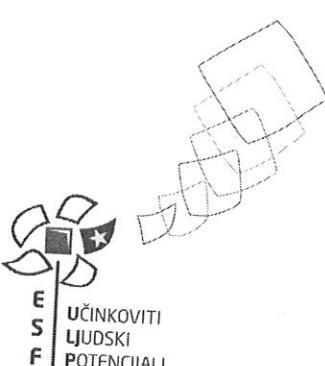
### Mental health professionals – Rene Kete

Competency for treatment of mental disorders  
Working in multidisciplinary team

### 3. Psycho biosocial approach in understanding the mental illness and mental health problems

Socio cultural detements of mental health – Sladana Ivezić

Stress vulnerability model – Dolores Britvić



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Projekt je sufinancirala Evropska unija iz Evropskog socijalnog fonda.  
Sadržaj publikacije isključiva je odgovornost Sveučilišta u Splitu, Medicinski fakultet  
Stranica 1 od 3

Neuroplasticity of the brain – Dolores Britvić  
Social, psychological and biological determinants of mental health – Dolores Britvić  
Risk and protective factors for mental health and prevention of mental disorder  
The role of gender in mental health- Dolores Britvić  
Stress, stress coping, resilience – Dolores Britvić

#### 4. Assessment and Treatment intervention

##### a. Assessment – **Sladana Ivezić**

Symptoms assessment, assessment of functioning (work ability assessment), needs assessment  
Instrument for assessing the needs, functioning, symptom reduction, recovery, social support ... such as: different social functioning scale, resilience scale, Camberwell need assessment, Recovery

##### b. Treatment and Recovery planning – **Dolores Britvić**

##### c. Treatment **Vesna Švab**

Inform consent- **Sladana Ivezić**

Patient therapist relationship – **Sladana Ivezić**

Individual treatment plan, recovery plan –**Vesna Švab**

Motivation interviewing – **Rene Kete**

Case management theoretical background and how it functions in practice- **Sladana Ivezić**

Rehabilitation: definition, models, interventions individual rehabilitation plan- **Vesna Švab**

Psycho education: symptoms of mental illness, cause , treatment and recovery, early warning signs and relapse prevention plan- **Sladana Ivezić**

Social skills training: communication, problem solving, conflict resolution- **Sladana Ivezić**

Family interventions, Assessment of EE emotions- **Vesna Švab**

Therapeutically community- **Sladana Ivezić**

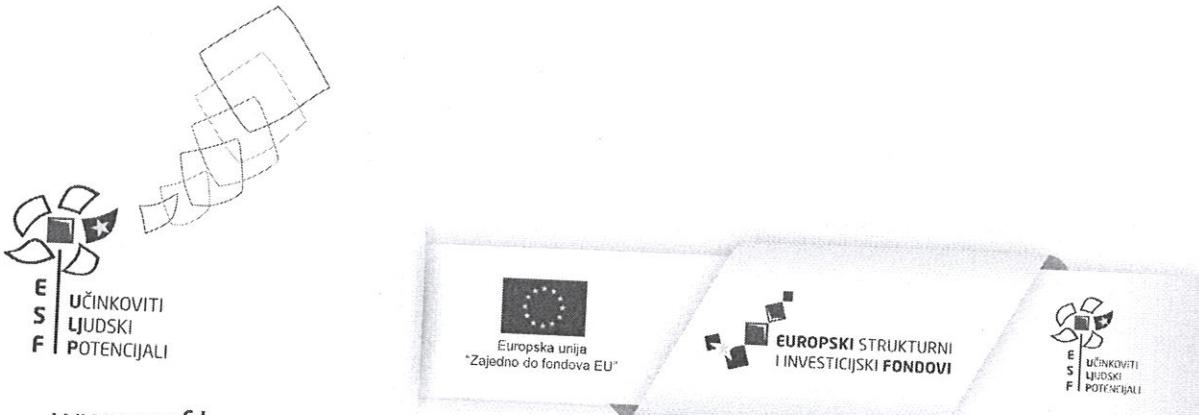
CBT for psychoses – **Sladana Ivezić**

Wellness- Life style interventions- **Sladana Ivezić**

Work related stress and interventions

Housing- Supported employment and Individual placement -**Vesna Švab**

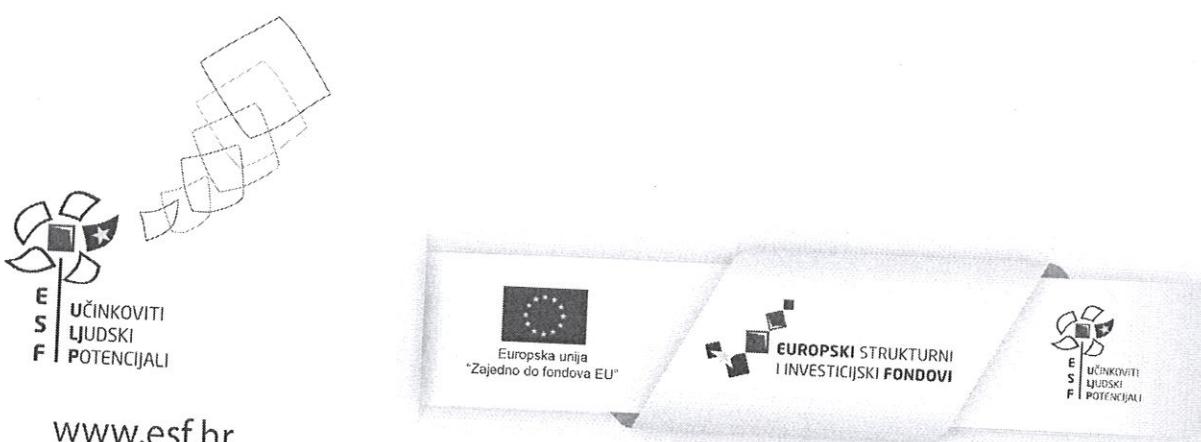
Evaluation of treatment



(Treatment regarding specific diagnoses: disorders with psychoses such as schizophrenia, bipolar disorder, PTSD, Depression.....)  
Guidelines for psychosocial treatment for different mental disorders

5. **Stigma and discrimination – Vesna Švab and Self stigma and intervention – Sladana Ivezić**

Izvještaj sastavila: prof. dr. sc. Dolores Britvić



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